Food Resources

9-10 Club at St. Andrew’s Soup Kitchen
250-288-5571  901 View St. (Victoria)
Breakfast is served from 8-10am, seven days a week.
Church-run club providing daily meals on a drop in basis.
Currently operating at Our Place.

Anawim Companion Society
www.anawimhouse.com  250-382-0283
973 Caledonia St. (Victoria)
Provides laundry, showers, meals, clothing, limited housing spaces.
Mon, Tues, Thurs 10am-5pm; Wed, Fri 10am-8pm; Sat 10am-4pm

Blanshard Community Centre
www.blanshardcc.com  250-388-7596
901 Kings. Rd. (Victoria)
Family-friendly Thursday lunch at noon. $3/adult, $1/child.

Carts
www.cartsvictoria.ca
Distribution of food and other items. Begins at Queens Manor, to Centennial Square, ends at Salvation Army.
Sundays 4:30-6:30.

Food Not Bombs
250-383-5144  Harris Green @ Pandora and Vancouver (Victoria)
Collectively-run food kitchen offering free vegetarian meal Sundays at 3:30ish.

Good Food Box
http://uvsp.uvic.ca/uvic-good-food-box/
250-388-7696  UVSS Student Union Building
Order box of fresh fruits and vegetables (varying in price) at the beginning of the month and pick it up in the middle of the month. Pick-up outside Zap. Order online or in person.

James Bay Community School Centre
www.jamesbaycentre.ca  250-389-1470
140 Oswego St. (Victoria)
Seniors dinners Tuesdays and Thursdays at 5pm.
Community dinners on Wednesdays approximately every other month. Purchase tickets in advance.

St. Peter’s Church
250-384-7757  3939 St. Peter Rd. (Victoria)
Lunch at 11am on the third Saturday of every month.

Living Edge Food Distribution
www.livingedgecommunity.com  250-383-8915
950 Kings Rd. (Victoria)
Tues Thurs 10:30am food hampers distributed. Sun 4:30pm family-friendly dinner.

Mustard Seed Street Church & Food Bank
www.mustardseed.ca  250-953-1575
625 Queens Ave. (Victoria)
Drop-in for coffee, clothing, and household goods Mon-Fri 9am-2pm. Food Bank open Mon, Tue, Thu & Fri 9am-2pm (available once per month). Dinner on Saturday night at 7pm.

Our Place
www.ourplacesociety.org  250-385-2454
919 Pandora Ave. (Victoria)
Drop-in centre open 7am-5pm Mon-Fri, 11:30am-4pm Sun. Mon-Fri Breakfast 7-8am, Lunch 11:30am-12:30pm, Dinner 4-5. Sunday lunch at 11:30.

Rainbow Kitchen
www.rainbowkitchen.ca  250-384-2069
500 Admirals Rd. (Esquimalt)
Lunch Mon-Fri at noon. Families welcome.

Saanich Neighbourhood Place
www.saanichneighbourhoodplace.com
250-360-1148  3100 Tillicum Rd. (Victoria)
Family-friendly meal most Wednesday nights at 5pm. Register for $5.

Sandy Merriman House
www.coolaid.org  250-480-1408
809 Burdett Ave. (Victoria)
19+ Women only lunch Mon-Sun 11:30-2pm.

St. John the Divine Emergency Food Service
www.stjohnthedivine.bc.ca
250-383-7169  1611 Quadra St. (Victoria)
Tue and Fri 10-12. Available once a month.

St. Vincent de Paul Society Food Bank
www.svdpvictoria.com  250-382-0712
828 View St. (Victoria)
Mon-Fri 8:30am-12pm, 1-4:15pm. Available once a month. ID required.

Tailgate Grill (Wharf St. Wall)
Family-friendly burgers every 2nd and 4th Sunday at 3pm.
Family-friendly Pancake Breakfast Club
1st and 2nd Saturday: St. Andrew’s Presbytery Kirk Hall 680 Courtney St., 8-9am
3rd Saturday: Glad Tidings Pentecostal Church Hall, 1800 Quadra St., 8:30-9:30am
4th Saturday: Central Baptist Church, 833 Pandora, 8:30-9:30am
5th Saturday: BC Ferries Workers’ Union at St. Andrew’s Kirk Hall, 8:15-9:15

Housing Resources

Internet Searches
BC Housing Subsidized Housing List  www.bchousing.org
BC Co-Operative Housing  www.chf.bc.ca

Housing for women and children
Victoria Women’s Transition House  250-385-6611
Cridge Centre for the Family  250-386-7291
Kiwanis House for single women  250-382-1004
Margaret Laurence House  250-995-0058

Low-Cost Monthly Rentals
Ritz Hotel – 710 Fort St., 250-381-1868
Fairfield Hotel – 710 Cormorant St., 250-386-1621
York Hotel – 711 Johnson St., 250-385-2544
Douglas Hotel – 1450 Douglas St., 250-383-4157
Ocean Island Backpackers – 791 Pandora Ave., 250-385-1788
Turtle Refuge Backpackers – 1608 Quadra St., 250-386-4471
Extreme Outreach - $350+deposit. No alcohol/drugs. Men only. 250-708-2064

Subsidized and/or supported housing services
BC Housing  www.bchousing.org  250-475-7550  301-3440 Douglas St.
Burnside Gorge Community Association  www.members.shaw.ca/bcga  250-388-5251
CRD Housing  www.crd.bc.ca/housing  250-388-6422  623 Fisgard St.
Coordinated Housing Registry  www.coolaid.org  250-356-2548  826 Cormorant St.
M’Akola Housing Society  250-384-1423
Pacifica Housing Advisory Association  250-385-2131  827 Fisgard St.
Pacifica Housing Service/Downtown Outreach Service  250-385-2131  826 Cormorant St.
Pandora Youth Apartments (age 15-19)  250-380-2663  753 Pandora St.
St. Vincent de Paul Society  www.svdpvictoria.com/services  250-382-2767

Other Resources
Action Committee of People with Disabilities – 962 View St., 250-383-4105
Adult Addiction Community Treatment Service – 1250 Quadra St. (2nd Floor), 250-727-3544
AIDS Vancouver Island – 1601 Blanshard St., 250-384-2366
Alano Club – 1402 Broad St., 250-383-9151
Alcoholics Anonymous - #8-2020 Douglas St., 250-383-7744 (help line) or 250-383-0415 (office)
BC Utilities Commission – 1 800-663-1385
Coalition Against Poverty – www.vcapvictoria.wordpress.com
Committee to End Homelessness – committeetoendhomelessnessvictoria.wordpress.com  250-480-4854
Cool-Aid Medical Clinic – 250-385-1466
Cool-Aid Phone Message Service ($5/month) – 250-383-1977
Credit Counselling – 250-477-9998
Foundation of Support of Recovery for Men – 250-480-1342
HomelessNation.org (online community) 1:30-3pm on Wednesdays, 755 Pandora St.
Grief/Bereavement Counselling (Lorraine Jasmin, R.P.C.) – 1198 Goldstream Rd., 250-744-2594
Harm Reduction – harmreductionvictoria.ca or harmlessvictoria.blogspot.com (students)
Lalli Care Clinic – lallicareclinic.ca, 250-386-5100
Lifering Secular Recovery – liferingcanada.org 250-382-1004
Men’s Trauma Centre – www.menstrau.m.ca, #203-1420 Quadra St., 250-381-6367
Outreach Services Methadone Clinic – 2004 Fernwood Rd., 250-388-5325
Problem Gambling Help Line – 1 888-795-6111
Prostitute Empowerment & Education (PEERS) – 744 Fairview Rd., 250-388-5325
Research, Education, Evaluation, & Support Program (REES) – 250-595-8619
Salvation Army Addictions and Rehab Centre – 525 Johnson St., 250-384-3396
Seniors’ Advocacy Group – 250-388-7696 (for support) or 250-360-1068 (to be an advocate)
Society of Living Intravenous Drug Users (SOLID) – 1947 Cook St., 7-9pm Wednesdays
Together Against Poverty Society (TAPS) - #415-620 View St., 250-361-3521
Victoria Native Friendship Centre – 231 Regina Ave., 250-384-3211
Victoria Sobering & Assessment Centre – 1125 Pembroke St., 250-213-4444
Vancouver Island Addiction Recovery Society – 536 Cecelia Rd., 250-480-1342
Vancouver Island Crisis Line – 1 888-494-3888 www.youthspace.ca
Youth-to-Youth Support Line (24-hours; confidential) – www.youthlines.ca, 250-386-TALK

Compiled October 2014 by UVSS Food Bank & Free Store

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