



# OFF-CAMPUS RESOURCES LISTS

## Food Resources

9-10 Club at St. Andrew's Soup Kitchen  
250-288-5571 901 View St. (Victoria)  
Breakfast is served from 8-10am, seven days a week.  
Church-run club providing daily meals on a drop in basis.  
Currently operating at Our Place.

Anawim Companion Society  
www.anawimhouse.com 250-382-0283  
973 Caledonia St. (Victoria)  
Provides laundry, showers, meals, clothing, limited  
housing spaces.  
Mon, Tues, Thurs 10am-5pm; Wed, Fri 10am-8pm; Sat  
10am-4pm

Blanshard Community Centre  
www.blanshardcc.com 250-388-7596  
901 Kings. Rd. (Victoria)  
Family-friendly Thursday lunch at noon. \$3/adult,  
\$1/child.

Carts  
www.cartsvictoria.ca  
Distribution of food and other items. Begins at Queens  
Manor, to Centennial Square, ends at Salvation Army.  
Sundays 4:30-6:30.

Food Not Bombs  
250-383-5144 Harris Green @ Pandora and Vancouver  
(Victoria)  
Collectively-run food kitchen offering free vegetarian  
meal Sundays at 3:30ish.

Good Food Box  
http://uvsp.uvic.ca/uvic-good-food-box/  
250-388-7696 UVSS Student Union Building  
Order box of fresh fruits and vegetables (varying in  
price) at the beginning of the month and pick it up in  
the middle of the month. Pick-up outside Zap. Order  
online or in person.

James Bay Community School Centre  
www.jamesbaycentre.ca 250-389-1470  
140 Oswego St. (Victoria)  
Seniors dinners Tuesdays and Thursdays at 5pm.  
Community dinners on Wednesdays approximately every  
other month. Purchase tickets in advance.

St. Peter's Church  
250-384-7757 3939 St. Peter Rd. (Victoria)  
Lunch at 11am on the third Saturday of every month.

Living Edge Food Distribution  
www.livingedgecommunity.com 250-383-8915  
950 Kings Rd. (Victoria)  
Tues Thurs 10:30am food hampers distributed. Sun  
4:30pm family-friendly dinner.

Mustard Seed Street Church & Food Bank  
www.mustardseed.ca 250-953-1575  
625 Queens Ave. (Victoria)  
Drop-in for coffee, clothing, and household goods Mon-Fri  
9am-2pm. Food Bank open Mon, Tue, Thu & Fri 9am-  
2pm (available once per month). Dinner on Saturday  
night at 7pm.

Our Place  
www.ourplacesociety.org 250-385-2454  
919 Pandora Ave. (Victoria)  
Drop-in centre open 7am-5pm Mon-Fri, 11:30am-4pm  
Sun. Mon-Fri Breakfast 7-8am, Lunch 11:30am-12:30pm,  
Dinner 4-5. Sunday lunch at 11:30.

Rainbow Kitchen  
www.rainbowkitchen.ca 250-384-2069  
500 Admirals Rd. (Esquimalt)  
Lunch Mon-Fri at noon. Families welcome.

Saanich Neighbourhood Place  
www.saanichneighbourhoodplace.com  
250-360-1148 3100 Tillicum Rd. (Victoria)  
Family-friendly meal most Wednesday nights at 5pm.  
Register for \$5.

Sandy Merriman House  
www.coolaid.org 250-480-1408  
809 Burdett Ave. (Victoria)  
19+ Women only lunch Mon-Sun 11:30-2pm.

St. John the Divine Emergency Food Service  
www.stjohnthedivine.bc.ca  
250-383-7169 1611 Quadra St. (Victoria)  
Tue and Fri 10-12. Available once a month.

St. Vincent de Paul Society Food Bank  
www.svdpvictoria.com 250-382-0712  
828 View St. (Victoria)  
Mon-Fri 8:30am-12pm, 1-4:15pm. Available once a  
month. ID required.

Tailgate Grill (Wharf St. Wall)  
Family-friendly burgers every 2<sup>nd</sup> and 4<sup>th</sup> Sunday at 3pm.

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### Family-friendly Pancake Breakfast Club

1<sup>st</sup> and 2<sup>nd</sup> Saturday: St. Andrew's Presbyterian Kirk Hall 680 Courtney St., 8-9am  
3<sup>rd</sup> Saturday: Glad Tidings Pentecostal Church Hall, 1800 Quadra St., 8:30-9:30am  
4<sup>th</sup> Saturday: Central Baptist Church, 833 Pandora, 8:30-9:30am  
5<sup>th</sup> Saturday: BC Ferries Workers' Union at St. Andrew's Kirk Hall, 8:15-9:15

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## Housing Resources

### *Internet Searches*

BC Housing Subsidized Housing List [www.bchousing.org](http://www.bchousing.org)  
Brown Bros. Property Management  
[www.brownbros.com](http://www.brownbros.com)  
BC Co-Operative Housing  
[www.chf.bc.ca](http://www.chf.bc.ca)

### *Housing for women and children*

Victoria Women's Transition House 250-385-6611  
Cridge Centre for the Family 250-386-7291  
Kiwanis House for single women 250-382-1004  
Margaret Laurence House 250-995-0058

### *Low-Cost Monthly Rentals*

Ritz Hotel – 710 Fort St., 250-381-1868  
Fairfield Hotel – 710 Cormorant St., 250-386-1621  
York Hotel – 711 Johnson St., 250-385-2544  
Douglas Hotel – 1450 Douglas St., 250-383-4157  
Ocean Island Backpackers – 791 Pandora Ave., 250-385-1788  
Turtle Refuge Backpackers – 1608 Quadra St., 250-386-4471  
Victoria Human Exchange Society – [www.humanx.org](http://www.humanx.org) or 250-361-2762  
Extreme Outreach - \$350+deposit. No alcohol/drugs. Men only. 250-708-2064

### *Subsidized and/or supported housing services*

BC Housing [www.bchousing.org](http://www.bchousing.org) 250-475-7550 301-3440 Douglas St.  
Burnside Gorge Community Association [www.members.shaw.ca/bcga](http://www.members.shaw.ca/bcga) 250-388-5251  
CRD Housing [www.crd.bc.ca/housing](http://www.crd.bc.ca/housing) 250-388-6422 623 Fisgard St.  
Coordinated Housing Registry [www.coolaid.org](http://www.coolaid.org) 250-356-2548 826 Cormorant St.  
M'Akola Housing Society 250-384-1423  
Pacifica Housing Advisory Association 250-385-2131 827 Fisgard St.  
Pacifica Housing Service/Downtown Outreach Service 250-385-2131 826 Cormorant St.  
Pandora Youth Apartments (age 15-19) 250-380-2663 753 Pandora St.  
St. Vincent de Paul Society [www.svdpvictoria.com/services](http://www.svdpvictoria.com/services) 250-382-2767

## Other Resources

Action Committee of People with Disabilities – 962 View St., 250-383-4105  
Adult Addiction Community Treatment Service – 1250 Quadra St. (2<sup>nd</sup> Floor), 250-727-3544  
AIDS Vancouver Island – 1601 Blanshard St., 250-384-2366  
Alano Club – 1402 Broad St., 250-383-9151  
Alcoholics Anonymous - #8-2020 Douglas St., 250-383-7744 (help line) or 250-383-0415 (office)  
BC Utilities Commission – 1 800-663-1385  
Coalition Against Poverty – [www.vcapvictoria.wordpress.com](http://www.vcapvictoria.wordpress.com)  
Committee to End Homelessness – [committeetoendhomelessnessvictoria.wordpress.com](http://committeetoendhomelessnessvictoria.wordpress.com) 250-480-4854  
Cool-Aid Medical Clinic – 250-385-1466  
Cool-Aid Phone Message Service (\$5/month) – 250-383-1977  
Credit Counselling – 250-477-9998  
Foundation of Support of Recovery for Men – 250-480-1342  
HomelessNation.org (online community) 1:30-3pm on Wednesdays, 755 Pandora St.

Grief/Bereavement Counselling (Lorraine Jasmin, R.P.C.) – 1198 Goldstream Rd., 250-744-2594  
Harm Reduction – [harmreductionvictoria.ca](http://harmreductionvictoria.ca) or [harmlessvictoria.blogspot.com](http://harmlessvictoria.blogspot.com) (students)  
Lalli Care Clinic – [lallicareclinic.ca](http://lallicareclinic.ca), 250-386-5100  
Lifering Secular Recovery – [liferingcanada.org](http://liferingcanada.org) 250-382-1004  
Men's Trauma Centre – [www.menstrauma.ca](http://www.menstrauma.ca), #203-1420 Quadra St., 250-381-6367  
Outreach Services Methadone Clinic – 2004 Fernwood Rd., 250-388-5325  
Problem Gambling Help Line – 1 888-795-6111  
Prostitute Empowerment & Education (PEERS) – 744 Fairview Rd., 250-388-5325  
Research, Education, Evaluation, & Support Program (REES) – 250-595-8619  
Salvation Army Addictions and Rehab Centre – 525 Johnson St., 250-384-3396  
Seniors' Advocacy Group – 250-388-7696 (for support) or 250-360-1068 (to be an advocate)  
Society of Living Intravenous Drug Users (SOLID) – 1947 Cook St., 7-9pm Wednesdays  
Together Against Poverty Society (TAPS) - #415-620 View St., 250-361-3521  
Victoria Native Friendship Centre – 231 Regina Ave., 250-384-3211  
Victoria Sobering & Assessment Centre – 1125 Pembroke St., 250-213-4444  
Vancouver Island Addiction Recovery Society – 536 Cecelia Rd., 250-480-1342  
Vancouver Island Crisis Line – 1 888-494-3888 [www.youthspace.ca](http://www.youthspace.ca)  
Youth-to-Youth Support Line (24-hours; confidential) – [www.youthlines.ca](http://www.youthlines.ca), 250-386-TALK

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